



Kirsty Jefferies

Assistant Case Manager

Qualifications:

Level 3 Health and Social care

Level 3 Makeup and artistry

Level 2 Food hygiene

A bit about me: I am a Mum of 3 girls. I love the Outdoors; I like walking, running, exercise and mountain climbing. Love spending time with my family and going on days out. I have a passion for cooking.

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Employment History

In 2009 I started my care journey at Crossroads charity Bury, I worked with children right through to elderly providing respite to carers. This gave me a great insight to care, and I wanted to learn more about acquired brain injury.

In 2012 I left Crossroads to become a healthcare assistant on a Children's ward Lynne house at the Priory Highbank. This ward was opened for children whose needs were too complex to live in the community. I learnt specialist techniques here such as: enteral feeding and peg management, tracheostomy and ventilation care and seizure management.

I wanted to enhance my skills further and applied for the role as generic therapy assistant in adult ward at the Priory. So, from 2014 I worked at Upper Walmersley at the Priory alongside a range of therapists delivering bespoke care to patients who were in hospital for rehabilitation. These patients varied but most were quite complex. I was lucky enough to help patients through their journeys and enable them to reach their goals and return home

On September 2016 I became a support worker for Northern case management in Bury, I was asked to support a client I had already worked with at a hospital and was able to fully support their transition to home environment. I love to provide person centred care to all clients ensuring they have a good quality of life which is suited to them. I am passionate about clients living their life to the fullest and ensure clients are given choices I believe in managing risks over risk avoidance.

In October 2021 I started my role as case manager assistant here at Ability case management.

Key Skills

- ✓ Acquired brain injury, spinal injury, Cerebral palsy, Schizophrenia, dementia.
- ✓ Specialised techniques: Tracheostomy and ventilation care, specialised enteral feeding, diabetes, managing challenging behaviours, seizure control, catheter management.
- ✓ Passionate about delivering bespoke quality care to all clients ensuring they have a good quality of life.
- ✓ Strong knowledge of rehabilitation and delivering therapy programmes set in Physiotherapy, occupational therapy, speech and language therapy and Psychology.

Summary of Continued Professional Development

I am committed to expanding my knowledge and skills as a case manager and occupational therapist. I maintain regular clinical supervision. Please see below a selection of some of the training events attended to date.

Date	Training	Provider
20 th April 2010	Level 2 health and social care	CRCC
23 RD January 2014	Level 3 health and social care diploma	Pearson
28 th November 2019	Nappi training level 2 positive behaviour workshop	Bild
29 th October 2021	Bertie type 1 diabetes Training	Know Diabetes
6 th November 2021	Basic Life support	Michael Conheeny
6 th February 2021	Medication practise	CSA
6 TH February 2021	Safeguarding and protection of adults	CSA
6 TH February 2021	Safeguarding Children and young people	CSA
4 TH June 2021	Diabetes awareness	CSA
8 TH February 2021	Dignity in care	CSA
8 th February 2021	Fire safety	CSA
4 TH June 2021	Manual handling of objects	CSA